

FINISHER

ALEX SHOWERS

HAS COMPLETED THE
ARMED FORCES DAY 5K RUN

IN THE
Armed Forces Day 5K

WITH AN OFFICIAL TIME OF:
00:23:24.6

OVERALL: 4 / 44

GENDER: 4 / 25

AGE GROUP: 1 / 4

PACE: 7:33/mile

ITS YOUR **RACE**